

Southern African Society for Quality

# Quality Webinar



8 MAY 2026 - 10:00 AM - 11:00 AM

## THE ELIXIR OF EQUANIMITY

**EQUANIMITY IS WHAT SEPARATES REACTIVE PRACTITIONERS FROM TRUE PROFESSIONALS. IT ALLOWS YOU TO MOVE FROM SIMPLY MANAGING QUALITY SYSTEMS TO LEADING WITH CONFIDENCE AND PURPOSE.**

In the world of quality, pressure is constant—deadlines, audits, non-conformances, stakeholder demands. The real question is: how do you stay effective when everything around you feels unstable?

Equanimity is not about stepping back—it's about staying steady, focused, and in control when it matters most.

This upcoming webinar is designed specifically for quality professionals who want to strengthen their professional impact. You'll discover how to remain calm under pressure, think clearly in complex situations, and respond with intention rather than react emotionally.

Imagine handling audits, corrective actions, and difficult conversations with confidence and composure. Imagine being able to guide teams, influence decisions, and maintain clarity—even in high-stress environments.

Stay centred and focused during audits and operational challenges. Manage stress and emotional triggers in high-pressure situations. Improve decision-making and problem-solving. Communicate with clarity, authority, and professionalism and Strengthen your influence as a trusted quality leader.

**Khaled Jassat** is a transformative thought leader, NLP Master Practitioner, and executive coach, as well as the founder of the SuperCoach International Centre of Excellence & Training Academy. He is known for his ability to help individuals unlock their potential by shifting limiting beliefs and strengthening emotional intelligence.

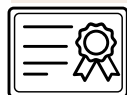
With experience across coaching, speaking, and training, Khaled has worked with professionals, entrepreneurs, educators, and communities, guiding them to build resilience, clarity, and purpose. His approach integrates Neuro-Linguistic Programming (NLP), hypnotherapy, and elements of Gestalt practice to enable meaningful cognitive and behavioural change.

Khaled is also an global engaging speaker and media personality, sharing insights on personal mastery, leadership, and human potential. His work emphasises values such as compassion, responsibility, and growth.

Driven by a passion for transformation, his mission is to help people rise beyond limitations and live with authenticity, confidence, and a renewed sense of purpose.



**Khaled Jassat**  
NLP Master Practitioner  
Super Coach International  
Centre of Excellence & Training  
Academy



**2 SASQ CPD points**



Programme Director and  
Moderator: Mr Leader Nkala  
SASQ Certified MS Practitioner

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